



Mayor's

Walking Club

Starting April 18

MISSOURI FOUNDATION FOR HEALTH

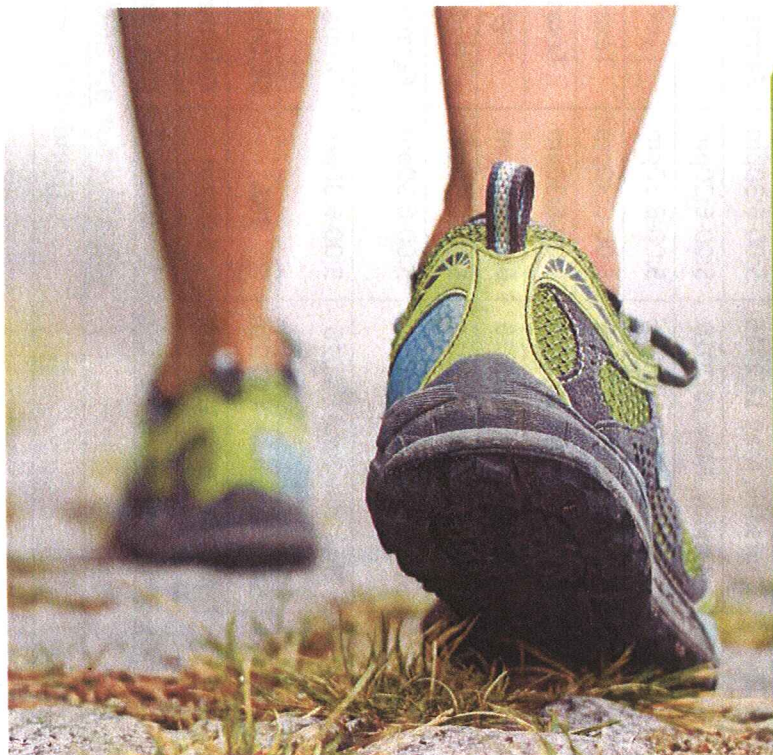
Healthy Schools
Healthy Communities
LET'S BUILD A HEALTHIER FUTURE



Mondays and Thursdays 5-6:30pm

Kick-off at Rutherford Park

For Pre-Registration call 417-967-4131



Come out and join Mayor Tottingham in walking the sidewalks & trails throughout the Houston community.

There will be a different speaker each Monday night for the first 30 minutes on becoming a healthier you!